## **Child-Rearing Tips**

Any form of child abuse is prohibited by law! As a result of revisions to the Child Welfare Act back in April this year, any and all forms of child abuse are strictly prohibited by law. Any form of actions with the intent of causing physical or mental stress to the child is child abuse!

Let's think about how we can create society where all children can develop and prosper together!



### There is no excuse for "Tough Love"

Tough love is a form of abuse. There is a stress placed on the child on top of the deep-seated mental impact that makes it easy to identify tough love as a form of abuse. The difference between "Abuse" and "Discipline"

There are still plenty of people who believe "abuse" and "discipline" are interchangeable. This is not true. Discipline can be achieved through words, example, and other methods; there is no need to cause physical or mental stress to a child. It is very important to first think about how you can present the information in a way such that a child can easily digest it and achieve the desired result.

Please also keep in mind that physical violence is not the only form of abuse; verbal abuse is also child abuse. Research shows that all forms of abuse (physical, mental, emotional, etc.) have severe and negative, everlasting effects on children's physical and mental growth and development.

### Examples of Abuse

- I warned my child many times but did not listen, so I spanked my child.
- My child hit their friend, so in order for my child to understand the pain they caused, I hit my child.
- My child pulled a prank, so I made my child sit still for a long period of time.
- My child did not do their homework, so I did not give them dinner.

# Helpful "Gentle Parenting" Tips

To avoid paths that may lead to abuse, we must first address the thoughts such as "Just a little wouldn't hurt" or any other related, dangerous patterns. Try thinking about adding the following tips to your belt of parenting tools

## Listen to the Them

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There is always a reason as to why a child does not cooperate; whether it is that the child's way of thinking is different or they simply did not understand what you said, there is always a reason for their behavior. Calm down and with a leveled head, ask politely why they are not cooperating.

If there is ever a misunderstanding or an ongoing "bad behavior", then do not avoid or deny it. Instead, together, negotiate how you can make things better in the future.

## **Avoid Imperative Statements**

Instead of imperative statements such as "Do X!", try suggestive, cooperative, more guided, affirmative questioning or statements such as "Shall we do X?"

## Let Them Choose

Instead of "Get ready for bed!" try something like, "Do you want to change into your pajamas first? Or should we brush our teeth first?" Try to let them choose what they want to do while also guiding them in a constructive way.

## **Compliment Your Child**

By complimenting your child, you are nurturing their self-esteem. It is very important to compliment them while they are completing a task or when trying to reinforce a certain behavior.



## Create a Positive, Scold-Free Environment



Children are little balls of curiosity! Keep in mind that it may be best to keep things you do not want to be tampered with outside of reach or line of sight of your child. You should consider this method especially if you have any precious items you do not want your child to touch, flip over, break, etc. If it does happen, please try to avoid lashing out at or scolding your child.

## **Important Information**

### Ganbare Fukui Tickets Round 2

The *Ganbare* Fukui Tickets have come back with a second round of sets due to overwhelming success!

These tickets can be used at only specific shops throughout Fukui City (details below). Anyone can apply, so those who have purchased tickets during the first round are also encouraged to purchase more sets.

Deadline: October 17 (Sat.) \*In the case of mail, it must be sent by October 17)

Only those of age 18 and over living in Fukui City may apply

Price: 1 set is worth ¥4,000\*Each set contains 12 tickets: 11 red tickets and 1 green ticket, valued at 500 yen each

Valid Until: January 31, 2021 (this is the last day you may use the tickets)

#### How to Apply: Either internet or via mail

\* In both cases, you will be asked to write your (1) Postal Code, (2) Address, (3) Apartment and room number (if applicable), (4) Name, (5) Birthday, (6) Phone Number, and (7) Desired Amount of sets you would like to purchase (sets are sold in bulk of 5 or 10 sets only). In the case of overwhelming demand, a lottery system will be used to decide.

**Purchase Location:** Time frame in which citizens may purchase them and where to purchase the sets will be sent via mail to those eligible to purchase them. If you would like to apply via internet, please use the QR code below!

For help in filling out the form, use Fukui City's guide at city.fukui.lg.jp/foreign/English/p016447\_d/fil/ouenken2\_en.pdf



For all events, you will be asked to provide your name, address, age, and phone number \*All transactions, by default, will be conducted in Japanese

# If you see either of the following stickers, you can use your *Ganbare* Fukui Tickets!



Only **RED** tickets accepted here!



GREEN and RED tickets accepted here!

### \*Participating stores will have one of the above stickers somewhere on display.

For all events, you will be asked to provide your name, address, age, and phone number \*All transactions, by default, will be conducted in Japanese

## **Upcoming Events/Activities**

### Suisen Oshibana (Pressed Flower) Key Holder

Ever thought of making your very own pressed flower key holder? You'll be using suisen (daffodil) petals, freshly picked from the garden itself. Where: Echizen Suisen no Sato Kōen When: Oct. 10 (Sat.) – 31 (Sat.) Fee: 500 per key holder \*You will also be required to pay a separate entrance fee Application/Reservation: Can be done either in person or via phone call TEL: 0776-89-2381

### Halloween Pictures at Griffis Museum

Griffis Museum will be decorated with balloons for a short period of time. Come take a special picture at this Western-style house during this Halloween season! Don't forget to check out their new mascot, William Griffis! Where: Griffis Museum When: Oct. 17 (Sat.) – 31 (Sat.), 10:00 – 19:00 \*Final admission at 18:30 Entry to the Griffis Museum is free all year round!

### Protection Stones at Yōkōkan Garden

Yōkōkan Garden has recently placed a Protection stone that is meant to represent people's wishes for COVID-19 to pass. A volunteer group called *Toneri no Kai* will be handing out free, hand-made *Sekimori-Ishi* (Protection Stones) that have been made in the image of *Amabie* (Japanese mythical creature said to prophesize epidemics or an abundant harvest) in hopes that this pandemic will soon end. The stones are called *Tome-ishi* (lit. stop stone) to "Stop" the current pandemic. When: Oct. 17 (Sat.) – 18 (Sun.), 13:00 – 14:00 Where: Yōkōkan Garden Distributed Amount: 25 per day (first come, first serve) Info: Cultural Promotion Division TEL: 0776-20-5367 Fukui City Newsletter October 10, 2020 Edition

### Leather Key Holder Workshop

Make a key holder out of real leather and domestically produced, original flowers made out of reflective material at this workshop! You will have a chance to personalize your key holder with your name or personally-drawn art! These key holders are made with higher-end material, so they should last quite a while!

When: Oct. 24 (Sat.), 2 SessionsSession 1Session 210:00 - 11:3013:00 - 14:30Where: Fukubukukan (Happiring 2F)Host: Leather Craftsman, Maegawa HiromiCapacity: 15 per session (first come, first serve)Application: Phone reception begins Oct. 15 (Thu.)TEL: 0776-20-2929

### Take a Stroll around Fukui Castle Ruins

Join in on the fun and take a walk around what used to be Fukui castle. When: Nov. 3 (Tue.) 10:00 – 12:00 \*Event will not be cancelled in the event of light rain Meeting Location: Entrance to the Main Building of City Hall Capacity: 20 (first come, first serve) Application: Reception begins Oct. 19 (Mon.) via phone TEL: 0776-35-1015

### Fukui Mini-Music Festival

Over 10 bands will be performing at various public venues around Fukui Station. They will only be performing for one day, so be sure to visit all the locations! When: Oct. 25 (Sun.) from 12:00 – 18:30

Locations:

- Happiterrace
- Seibu 2F Public Area
- Galleria Pocket
- Apple Road

\*Bands will only play on Apple Road if weather permits

Capacity: Happiterrace can seat around 100, around 20 at all other venues

\*For seats at Happiterrace, queue tickets will be distributed one hour before the first performance

For all events, you will be asked to provide your name, address, age, and phone number \*All transactions, by default, will be conducted in Japanese

Fukui City Newsletter October 10, 2020 Edition

### **Museum Exhibit: Wears Suited for Warriors**

The Fukui City History Museum will be introducing traditional clothing of the Edo Period such as armor and *Haori* (similar to a large jacket) to show off some of the stylish designs of the time when warriors still roamed the streets. Where: Fukui City History Museum

When: Oct. 10 (Sat.) – Nov. 29 (Sun.)

Open from 9:00 - 19:00

\*Museum closes at 17:00 starting on Nov. 6 (Fri.)

\*\*Final admission 30 minutes before closing

Closed: Nov. 24 (Tue.)

Entrance Fee: 220 yen

\*Those of middle school age and under, elderly of age 70 and up and those with disabilities along with their assistant will be granted free admission.

### Fall Special Exhibit: Old Swords of Hokuriku

Do you like Japanese katanas? Well, now is your chance to see some up close! Come see swords around 700 years old from the Nanbokuchō Period to the Muramachi Period. Where: Fukui City History Museum When: Oct. 10 (Sat.) – Nov. 23 (Sun.) from 9:00 – 19:00 \*The museum will close at 17:00 starting Nov. 6 (Fri.) \*\*Final admission 30 minutes prior to closury Entrance Fee: Adults 700 yen High school / University students 500 yen \*Those of middle school age and under, elderly of age 70 and up and those with disabilities along with their assistant will be granted free admission.

\*\*Plans are subject to change if the pandemic situation worsens