# Guidebook on living in Fukui City

April. 2023

## -Japanese Rules and customs-

The Immigration Services Agency of Japan has posted a "Guidebook on living and working in Japan" on its portal site (Ministry of Justice's website) for foreign nationals to feel safe living and working in Japan. Please check and utilize the information in the guidebook when you start living in Japan.

→http://www.moj.go.jp/nyuukokukanri/kouhou/m\_nyuukokukanriIO\_00006.html



(A portal site of the Ministry of Justice)

## - Living in Fukui City -

In addition to the information in the "Guidebook on living and working in Japan," Fukui City provides further information for foreign residents to start living in our city.

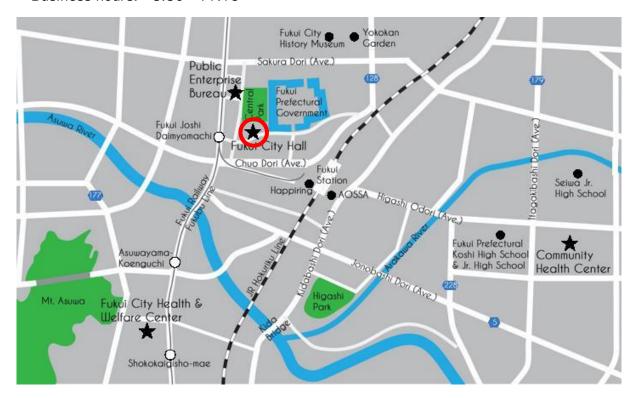
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## 1. Fukui City Hall

#### ■Location

〒910-8511 3-10-1 Ote, Fukui City

Tel: 0776-20-5111 (main)
Business hours: 8:30~17:15



### ■Floor Map

Public Service Promotion Division TEL0776-20-5303

A search for each floor map of Fukui City Hall and the section in charge by using a keyword is available via the following website.

→https://www.city.fukui.lg.jp/sisei/sosiki/tyousya/floormap.html



(Fukui City website: City Hall Floor Map)

■Fukui City website

Public Relations Division TEL0776-20-5257

Useful information for daily life is posted. Also, the latest information will be posted when a disaster occurs.

→http://www.city.fukui.lg.jp/foreign/english/p004763.html



(Fukui City website: homepage)

■Fukui City Newsletter "Koho Fukui Public Relations Division TeL0776-20-5257 Fukui City Newsletter "Koho Fukui" is published on 10<sup>th</sup> and 25<sup>th</sup> of every month. Its Japanese version is distributed through each community association, and is also available at public facilities and convenience stores in the city.

Also, an online edition is available at "Catalog Pocket" (free online app.). On the "Catalog Pocket," the Newsletters can be translated in 9 different languages; English, Traditional Chinese, Simplified Chinese, Korean, Thai, Portuguese, Spanish, Indonesian and Vietnamese. (Machine translations are used except English, Simplified Chinese and Portuguese.) It also has a text-to speech function. (excluding Vietnamese)

→https://www.city.fukui.lg.jp/foreign/english/p016946.html



(Fukui City website: Fukui City Newsletter "Koho Fukui")

→ https://www.catapoke.com/search/?keyword=%E5%BA%83%E5%A0%B1%E3%81%B5%E3%81%8F%E3%81%84



(Catalog Pocket)

### ■Interpreters

International Affairs Section Tel0776-20-5300

Chinese, English and Portuguese interpreters are available at city hall to assist foreign residents. Please feel free to contact the section you are going to visit or International Affairs Section, prior to your visit, if you need an interpreter.

Language	Day & hours	
Chinese	Mon, Tue, Wed	8:30~16:00
English	Wed, Thu, Fri	8:30~16:00
Portuguese	Wed, Thu	8:30~17:15

### 2. Procedures to take at City Hall

("Guidebook on living and working in Japan, Chapter 2)

## ■ Necessary Notifications/Registrations

Information	For details (Section in charge)
Notification of address	Citizen's Affairs Division, Fukui City Hall
<b>*</b> I	Tel0776-20-5287
Notification of marriage	Citizen's Affairs Division, Fukui City Hall
<b>※</b> 2	TeL0776-20-5288
Notification of divorce	Citizen's Affairs Division, Fukui City Hall
<b>*3</b>	TeL0776-20-5288
Notification of death	Citizens' Affairs Division, Fukui City Hall
<b>※</b> 4	Tel0776-20-5288
Registration of a seal	Citizen's Affairs Division, Fukui City Hall
impression	Tel0776-20-5219

Please provide the documents mentioned below when filing above notifications/registrations.

#### **X** I Notification of address

When moving in from outside Japan

- · Residence (*Zairyu*) Card (passport, if you have not obtained the card yet) of each person moving in
- · An official document (a copy is not acceptable) issued by a government agency of your home country, which proves the relationship between the head of household and other people who live together, and a Japanese translated version of the document.
- · Notification form for change of address (provided at the counter)

When moving in from outside Fukui City

- · Residence (*Zairyu*) card or Special Permanent Resident Certificate of each person moving in
- · Moving-out certificate (issued by the city/ward/town/village where you resided)
- · An official document (a copy is not acceptable) issued by a government agency of your home country, which proves the relationship between the head of household and other people who live together, and a Japanese translated version of the document.
- · My Number Card (if you have)
- · Notification form for change of address (provided at the counter)

### (What to do after moving into Fukui City)

- · Join a local community association
- · Contact gas and water service center to start using gas and water
- · Enroll into the National Health Insurance program
- Enroll into the National Pension system (People aged from 20 to 59 years old) /Address change
- Enroll into the Long-term Care Insurance system (People aged from 40 and older) /Address change
- · Learn how to take out garbage
- · Apply for the Child Allowance/Child Medical Expense Subsidy system
- · Exchange prenatal checkup tickets to the ones issued by Fukui City
- · Register a light vehicle with less than I 25cc displacement

#### When moving within Fukui City

- · Residence (Zairyu) Card or Special Permanent Resident Certificate of each person moving in
- · An official document (a copy is not acceptable) which proves the relationship between a head of household and other people who move together and a Japanese translated version of the document
- · My Number Card (if you have)
- · Notification form for change of address (provided at the counter)

### When moving out of Fukui City

- · Notification form for change of address (provided at the counter)
- · Identification (Residence Card, Special Permanent Resident Certificate or Driver's license, etc.)
- \* Please obtain a Moving-out Certificate, if necessary.

#### (What you are expected to do before moving out)

- · Stop gas and water services
- · Withdraw from the National Health Insurance
- · Withdraw from the National Pension (When leaving Japan)
- · Withdraw from the Long-term Care Insurance · Address change

#### ※ 2 Notification of marriage (When marrying a Japanese national)

- · Notification form for marriage (provided at the counter)
- · Certificate of legal capacity to contract marriage (issued at the embassy or other public institution) and its Japanese translation
- · Birth Certificate and its Japanese translation
- · Passport

- · Residence (Zairyu) Card or Special Permanent Resident certificate (When you need to change your address)
- My Number Card (If you have it and need to change your address)
   \*\*According to your nationality, the documents required to submit are different.

Please contact the section in charge.

(Other procedures to take after marriage)

- · Notify the change to the National Health Insurance program
- · Notify the change to the National Pension system
- · Notify the change to the immigration office
- · Notify the change to your home country/embassy

#### ¾ 3 Notification of divorce

- · Notification form for divorce (provided at the counter)
- ·Residence (Zairyu) Card or Special Permanent Resident Certificate (When changing your address)
- · Residence Certificate for a Japanese national (if the person has their residence registration outside Fukui City)
  - · My Number Card (if you have it and need to change your address)

(Procedure to take after divorce)

- · Notify the change to the National Health Insurance
- · Notify the change to the National Pension
- · Notify the change to the immigration office
- · Notify the change to your home country/embassy

#### **%** 4 Notification of death

- · Notification form for death ( provided at the counter)
- · Death Certificate of the deceased (issued by the hospital/clinic)

(Other procedures to take after someone's death)

- ·Withdraw from the National Health Insurance
- ·Notification of death to the National Pension
- ·Withdraw from the Long-term Care Insurance (when 40 years old and older)
- · Apply for funeral expenses

### X 5 Registration of a seal impression

- · Identification (Residence (Zairyu) card or Special Permanent Resident Certificate, driver's license, etc.)
- · Seal/personal stamp

### · Fee (300yen/certificate)

### ■My Number (Individual Number) Card

Information	For details (Section in charge)
Submission of an application	Citizens' Affairs Division, Fukui City Hall
form	Tel0776-20-5736
Change of name/address	Citizens' Affairs Division, Fukui City Hall
<b>※</b> 2	Tel0776-20-5736

### ※ I Submission of an application form

Fill out the 「Individual Number Card application form」 and send it to the following address:

To An application form for issuance of the Individual Number Card Acceptance Center

Japan Agency for Local Authority Information Systems

〒219-8650

P.O. Box 2, Kawasaki-higashi, Japan Post Co., Ltd.

In about one or two months after applying for the card, you will receive a Notice of Issuance from Fukui City Hall. Please come to the section in charge at the city hall with the notice and other necessary documents.

※ 2 Notification of change of your name, address, and others.

When there is a change in your name, address, or/and others, please come to the section in charge at the city hall with your My Number Card to notify the change.

#### ■Other

Information			For details (Section in charge)
A copy of residence		Citizens'	Affairs Division, Fukui City Hall
certificate	ж і	TEL0776	-20-5219
Certificate of a registered		Citizens'	Affairs Division, Fukui City Hall
seal	<b>※</b> 2	TEL0776	-20-5219

## ※ I A copy of residence certificate

Only an applicant themselves or someone from the same household can apply for a copy of Residence Certificate. If someone else needs to apply for a copy, the person needs to bring a Power of Attorney which is written by the applicant.

- <Documents/Things required when an applicant or someone from the same household applies for a copy>
- · Personal stamp/seal (if the applicant's address, name and date of birth are not written by their own hand.)
  - · Identification (Residence (Zairyu) Card, Special Permanent Resident Certificate or Driver's License, etc.)
  - · Fee (300yen/document)
- <Documents/Things required when someone else (representative) applies for a copy>
- ·Representative's personal stamp/seal (if the applicant's address, name and date of birth are not written by their own hand.)
  - · Letter of Proxy or Power of Attorney (If the applicant does not write their address, name and date of birth on the Letter of Proxy/Power of Attorney by their own hand, and does not have a personal stamp/seal, a copy of Residence (Zairyu) Card of the applicant has to be attached, or the applicant's Residence (Zairyu) Card's number has to be shown on the document.)
  - · Representative's identification (Residence (Zairyu) Card, Special Permanent Resident Certificate, Driver's License, etc.)
  - · Fee (300yen/document)

### ※ 2 Certificate of a registered seal

- <Things required>
  - · Seal registration Card
  - · Identification (Residence (Zairyu) Card, Special Permanent Resident Certificate,

    Driver's License, etc.)
  - Fee (300yen/document)

## 3 Childbirth · Child Rearing

(Guidebook for Living and Working Chapter 4)

## ■Notification of Pregnancy

Information		For details (Section in charge)	
Notification of pregnancy			
and issuance of a Maternal		Community Health Center, Fukui City TEL0776-28-	Tr. 0776 28 1256
and Child Health Handbook,		Community Hearth Center, Fukui City	IELO / /0-28-1250
etc. %	<b>(</b>		
Antenatal classes		Community Health Center, Fukui City	TEL0776-28-1256

※ I Notification of pregnancy and issuance of a Maternal and Child Health Handbook When your pregnancy is confirmed, report it to the city hall as soon as possible, and have a Maternity and Child Health Handbook issued. (The Handbook is available in Chinese, English, Portuguese, Korean, Tagalog, Thai, Indonesian, Spanish and Vietnamese.)

Along with the handbook, a booklet which contains health-checkup tickets for an expectant mother and her baby will be handed out. By using the tickets, the expectant mother can receive 14 subsidized prenatal checkups at a clinic/hospital.

The tickets issued by a different municipality cannot be used in Fukui City. When you move in Fukui City, you need to go to Fukui City Community Health Center to exchange the tickets you have to the ones issued by Fukui City.

#### ※ 2 Antenatal Classes

Midwife's lectures on childbirth and how to take care of/raise a baby, a fathers' class to experience what it is like to be pregnant, and a meeting with other expecting parents and such are offered.

#### ■Procedure to take after a childbirth

Information		For details (Section in charge)
Notification of birth	<b>ж</b> I	Citizens' Affairs Division, Fukui City Hall
	ж I	Tel0776-20-5288

#### **%** I Notification of birth

When a baby is born in Japan, a birth certificate is issued by a doctor. Take the certificate to the city hall and submit the notification of birth. Please bring your Maternal and Child Health Handbook and personal stamp (can also be signed) with you.

(Other procedures to take after a childbirth)

· Enrollment in the National Health Insurance program

(Services that can be received after a childbirth)

- ·Lump Sum Birth Allowance
- ·Child Allowance
- ·Child Medical Expense Subsidy
- ·Child Rearing Allowance
- ·Special Child Rearing Allowance
- · Medical Expense Subsidy for single-parent households and others
- ·Health checkups for babies/infants
- · Vaccinations
- ·Consultation for child rearing

### ■Childbirth expenses and applicable allowances

Information	For details (Section in charge)
Lump Sum Birth Allowance	Health Insurance and Pension Division, Fukui City Hall
* 1	Tel 0776-20-5383
Child allowance	Child Welfare Division, Fukui City Hall
Crina anowarice	TEL0776-20-5412

### **%** I Lump Sum Birth Allowance

When the mother is enrolled in the National Health Insurance program and gives birth to a baby, the Lump Sum Birth Allowance is given. (When the mother is enrolled in employee's health insurance, the allowance is also given by the insurance.)

- <Things required>
- · National Health Insurance Card
- Bankbook
- · Payment slip or receipt for the childbirth expenses issued by a clinic/hospital where your baby was born

## ■Child Rearing

Information		For details (Section in charge)	
Home visit by a public health		Community Hamilto Contan Fully City Tr. 0774 29 125	TEL0776-28-1256
nurse/midwife	<b>%</b> I	Community Health Center, Fukui City	IELO / /0-28-1250
Classes and consultation for		Community Health Center, Fukui City TEL0776-28-	TEL0776-28-1256
child rearing	<b>※</b> 2	Community Hearth Center, Fukul City 1860770-28-1236	
Health checkups for		Community Hamilth Contan Fully City Tr 0774 28 1	TEL0776-28-1256
babies/infants	<b>%</b> 3	Community Health Center, Fukui City	IELO / /0-28-1250
Vaccinations	<b>※</b> 4	Community Health Center, Fukui City	Tel 0776-28-1256

Child Medical Expense	Child Welfare Division, Fukui City Hall
Subsidy	Tel0776-20-5412
Medical Expense Subsidy for single-parent households and others $\%$ 6	Child Welfare Division, Fukui City Hall TEL0776-20-5412
Nursery schools (Daycares), Centers for early childhood education	Child-Rearing Support Division, Fukui City Hall TEL0776-20-5270
Kindergartens	School Education Division, Fukui City Hall TEL0776-20-5350
After-school children's club	After-school Child Care Section, Fukui City Hall TEL0776-20-5566
Jidokan (Children's Center)  ※9	After-school Child Care Section, Fukui City Hall TEL0776-20-5566
Child rearing consultation desk	See below

### ※ I Home visit & guidance by a public health nurse/midwife

A *Josanshi* (midwife) and/or a public health nurse from the city visit(s) each household which has a baby younger than 4 months.

#### ※ 2 Classes and consultation for child rearing

Parenting classes and consultations are held at Community Health Center.

- · Josanshi (Midwife) Mama Club is a place where mothers with a small baby can interact with midwives. Opportunities to participate in a round-table discussion and/or play with their baby are provided.
- · Baby food class: Midwives teach mothers how to introduce solid foods to their baby, how to rear a child, etc.
- · *Nikoniko* Child Rearing Consultation: Body measurement of your child and consultation with a public health nurse/midwife/dietitian regarding child rearing and baby's diet are offered.

#### ¾ 3 Health checkups for babies/infants

Health checkups are provided for the children of the following ages: I month old, 4 months old, 10 months old, 18 months old, and 3 years & 7 months old. A notice informing date, time and location of the checkup, and a checkup ticket will be sent to all concerned about a month before each checkup. The one-month old baby's health checkup won't be informed. Please take the checkup using a ticket attached to the Maternal and Child Health Handbook.

#### **¾** 4 Routine Vaccinations

For children's sound growth, vaccinations based on the Immunization Act are offered to each child free of charge. A notice of the vaccination and a medical history form will be sent to all concerned.

### **%** 5 Child Medical Expense Subsidy

Medical expenses for children who are 18 years old (until the first March 31 after the children's 18<sup>th</sup> birthday) and younger are reimbursed if the medical treatment received is covered by the National Health Insurance. Copayments for the medical expenses of elementary school students and older are imposed. Apply for an issuance of a recipient's certificate.

- <Things required>
- · Health Insurance card (on which the child's name is written)
- · Bankbook (of the mother or father of the child, who is the insured person of the health insurance covering the child)
- · Identification (My Number Card, Driver's license or Passport/ other ID with a face photo issued by government office.

#### Medical Expense Subsidy for single-parent households and others

Medical expenses of single-parent households and widows are reimbursed if the medical treatment received is covered by the National Health Insurance. There is an income limit and other restrictions to receive this subsidy.

- <Eligibility>
- · A mother or father and their children in a single-parent household are eligible for the subsidy, when the mother or father raises children under 20 years old.
- ·Children who are under 20 years old and lost both of their parents, and caregivers of the children.
- ·Widows who used to raise their children in a single-parent household, and currently live by themselves

## % 7 Nursery schools/Daycares (Hoikuen), Centers for early childhood education (Nintei Kodomoen)

#### <Requirements for enrollment>

When both parents or guardians are unable to provide care for their children at home for work or other reasons while the children need care, the children are able to receive care provided at Nursery schools/Daycares (*Hoikuen*) or Center for early childhood education (*Nintei Kodomoen*). Parents/guardians have to apply to the city and get certified to use the facility.

<Hours available to use the facilities>

Maximum II hours from the facility's opening time (which defers at each facility) or 8 hours from 8:00 to 16:00

<Fees (Hoikuryo)>

The fee for using a nursery school or center for early childhood education is calculated based on parents/guardians' income, children's age, and such by the city.

<Extended-hour childcare>

If the city considers it necessary, children can receive an extended-hour childcare. (Only available within the facility's open hours.)

<Temporary childcare>

When parents/guardians temporarily become unable to provide care for their children at home, they can use the facility. The fee is 1,000yen/day for less than 4 hours, 2,000yen/day for more than 4 hours.

The maximum hours to use the facility are 8 hours from 8:00 to 16:00 for maximum 3 days a week.

### 

This program provides a place to spend time after classes for elementary school children whose parents/guardians are not at home during the daytime for work or other reasons,

Open hours: Monday to Friday - after school to 18:00

Saturdays and long school vacations - 8:30 to 18:00

(Each facility has different open hours. An extended-hour childcare is available.)

Fee: 6,500yen/month (Snacks included. Extra fee is required for an extended hour childcare.)

#### ※9 Jidokan (Children's Center)

Jidokan is a welfare facility for children younger than 18 years old. It provides a playground/place for the sound growth of children.

Open hours: Monday to Friday from 12:00 to 18:00

\*Saturdays and long school vacations 8:30 to 18:00

Closed: Sundays, national holidays, and Dec. 29 to Jan. 3

Fee: Free of charge

#### **X** I 0 Child rearing consultation desk

<Consultations on pregnancy/childbirth/child rearing>

Various matters regarding pregnancy, childbirth, child rearing, etc.

Mondays to Fridays 8:30 to 17:15

☆Section in charge

Fukukko (Community Health Center)

Address: 4-14-30 Joto, Fukui City

TEL: 0776-28-1256

#### <Smile Dial>

Matters concerning rearing of a baby/infant (Concerns/worries about child rearing, child's food & health and hygiene, etc.)

Monday to Friday from 8:30 to 17:00

Closed from Dec.29 to Jan. 3, and on Sat., Sun. & holidays

**☆Section in charge** 

Child-Rearing Support Division, Fukui City

TEL: 0776-20-5223

<Counseling service on children's matters>

Concerns/worries about children under 18 years old

Every day except Tuesdays & Dec. 29 - Jan. 3 9:00 to 18:00

☆Section in charge

Child-Rearing Support Center · Counseling Room

Address: AOSSA 5F, I-4-I Teyose, Fukui City

TEL: 0776-20-1541

< Counseling service on children's education (maladaptation to school) >

Concerns/worries about children who can't adapt themselves to school life

Monday to Friday 9:00 to 16:00

☆Section in charge

Challenge room

TEL: 0776-52-1255

<Consultation service on youth problems (by Young Telephone service or via emails) >

Concerns/worries about children in regard to school, family and friends

Both children and parents/guardians are accepted.

Monday 8:30 to 21:00

Tuesday to Friday 8:30 to 17:00

\*During non-business hours, messages can be left on our answering machine.

Replying to emails may take a few days.

☆Section in charge

Youth Welfare Center

TEL: 0776-26-4949, 0120-57-4970

Email address: yanteresoudan@city.fukui.lg.jp

## <Consultation for single-parent families>

Consultation for single-parent families to have a self-supported life, and for concerns/worries about general matters in daily life

Monday to Friday 8:30 to 17:15 (closed on Wednesdays)

☆Section in charge

Single-parent families' employment/self-supported life Support Center

(Child Welfare Division, Fukui City Hall)

TEL: 0776-20-5140

### <Consultation for women >

Women's issues regarding domestic violence, divorce, etc.

Monday to Friday 9:00 to 17:00 (closed on Tuesdays)

☆Section in charge

Single-parent Families' Employment/Self-supported life Support Center (Child Welfare Division, Fukui City Hall)

TEL: 0776-20-5140

## 4 Education

(Guidebook on living and working in Japan Chapter 5)

Information	For details (Section in charge)	
Entrance to public		
elementary/junior-high	School Education Division, Fukui City TEL0776-20-5350	
schools		
Financial support for school	School Education Division, Fukui City TEL0776-20-5350	
life		
Local Japanese classes ※ 2	Fukui Citizens International Association	
Local Jupanese Classes % 2	Tel 0776-97-5020	

### ※ I Entrance to public elementary/junior-high schools

If your child has difficulties in understanding Japanese, consult with the school your child is entering into. Basic Japanese lessons by volunteers are provided for the students entering Fukui City's elementary/junior-high schools to adapt themselves to the school life as early as possible. Also, for parents who have difficulties in communicating in Japanese, a volunteer interpreter can be attended when they have a talk with a teacher at school.

### ※ 2 Local Japanese classes

Fukui Citizens International Association offers 「Shaberiba」, which is a gathering of foreign and Japanese residents. It is a place for foreign residents to learn reading, writing, listening, speaking Japanese, and also Japanese cultures along the themes by interacting with Japanese citizens.

#### Contact

Fukui Citizens International Association

〒910-0018 Phoenix Plaza 3F, 1-13-6 Tawara, Fukui City

Tel: 0776-97-5020

Website: http://www.fcia.jp/

## 5 Medical Insurance

(Guidebook on living and working in Japan Chapter 6)

### ■National Health Insurance

Information	For details (Section in charge)
Procedures to enroll in	Health Insurance and Pension Division, Fukui City Hall
/withdraw from	Tel 0776-20-5383
Notification of change	Health Insurance and Pension Division, Fukui City Hall
<b>※</b> 2	Tel 0776-20-5383
Benefits from the National	Health Insurance and Pension Division, Fukui City Hall
Health Insurance	Tel 0776-20-5383
Inquirance promiums	Health Insurance and Pension Division, Fukui City Hall
Insurance premiums	Tel 0776-20-5383

### Procedures to enroll in/withdraw from

If you do not know whether or not you are able to enroll in the National Health Insurance program, please inquire to Health Insurance and Pension Division at Fukui City Hall.

- <Things required>
- · Residence (Zairyu) Card
- · Identification (Driver's license, passport or My Number Card)

When your baby is born, you have to enroll your baby into the National Health Insurance program if you are a member of it. Report the birth of your baby first, and then sign them up for the insurance.

- <Things required>
- · Parent's National Health Insurance Card
- · Identification (Driver's license, passport or My Number Card)

## **%** 2 Notification of change

In the following cases, please notify as soon as possible.

- · When changing your address and/or name
- · When enrolling into employee's health insurance program
- ·When getting married or divorced
- ·When someone becomes deceased
- ·When changing the head of your household
- ·When moving out from the city or country

(When leaving Japan, you have to go to Citizens' Affairs Division (IF at Fukui City Hall) first to report your departure from Japan.)

- <Things required>
- · National Health Insurance Card
- · Identification (Resident (Zairyu) Card or Driver's license)
- · Employee's Health Insurance card (When enrolled in Employee's Health Insurance Program)
- Flight tickets or other documents on which the date of your departure from Japan is shown.

(When leaving Japan)

#### ※ 3 Benefits from the National Health Insurance

### <Funeral expenses>

When a diseased person enrolled in the National Health Insurance program, 50,000yen, as a part of funeral expenses, will be paid to the person who holds the funeral.

☆Things required to submit

- · National Health Insurance Card
- · A document certifying the funeral was held
- Bankbook

### <High-cost medical expense benefit>

When the total amount of medical expenses paid in the same month exceeds a ceiling amount for one month, the excess amount will be reimbursed, if your application is accepted. Contact the section in charge for details.

### ■ Medical Care System for Older People aged 75 and over

Information	For details (Section in charge)
Benefits of Medical care system for	Health Insurance and Pension Division, Fukui
older people aged 75 and over 💮 💥 I	City Hall TeL0776-20-5383
Incurance premiums	Health Insurance and Pension Division, Fukui
Insurance premiums	City Hall TeL0776-20-5383

Registered Fukui City residents are automatically enrolled into the Medical care system for older people aged 75 and over after their 75<sup>th</sup> birthday. No procedure is necessary for enrollment. The new health insurance card will be sent prior to your 75<sup>th</sup> birthday. After the birthday, please use the card.

#### ※ I Benefits of the Medical care system for older people aged 75 and over

#### <Funeral expenses>

50,000yen worth of funeral expenses will be paid to the person who holds the funeral of a deceased person enrolled in the Medical care system for older people aged 75 and

over.

## ☆Things required

- $\cdot$  Insurance card of the Medical care system for older people aged 75 and over
- · A document certifying the funeral was held
- Bankbook

## <High-cost medical expense benefit>

When the total amount of medical expenses paid in the same month exceeds a ceiling amount for one month, the excess amount will be reimbursed automatically to your bank account. Contact the section in charge for details.

### ■Health Checkups

Information		For details (Section in cl	harge)
Various health checkups	<b>ж</b> I	Fukui City Community Health Center	TEL0776-28-1256

## ※ I Various health checkups

The following health checkups and cancer screenings are offered at designated medical institutions, Community Health Center, and local community centers. For details including how to receive a health checkup, its fee, etc., contact Community Health Center.

Types	Eligibility for checkups/screenings	
Hagith shookun for alderly	Persons insured under the Medical care system for	
Health checkup for elderly	older people aged 75 and over	
Health checkup for persons	Persons from	18 to 39 years old who are members of
18-39	the Fukui Cit	y National Health Insurance
Hangtitic virus tost	Persons older	than 40 who have never received this
Hepatitis virus test	test before	
Osteoporosis test	45, 50, 55, 60-year-old women	
Periodontal examination	40, 50, 60, 70-year-old persons	
Lung cancer screening/TB	Persons who are older than 40	
screening	reisons who c	ire older man 40
	Barium test	Persons older than 40 (every 2 year)
Stomach cancer screening	Castroscopo	Persons who are 50 to 74years old
	Gastroscope	(every 2 year)
Cervical cancer screening	Women older than 20 (every 2 years)	
Breast cancer screening	Women older than 40 (Every 2 years)	
Prostate cancer screening	Men older than 50	
Blood test to predict	Persons from 40 to 69 years old who have never	
stomach cancer risk	received this test before	

## ■ Health Care Education · Health Consultation

Information	For details (Section in charge)
Health care education	Fukui City Community Health Center
·Health consultation ※I	TEL0776-28-1256

<sup>※</sup> I Health care education · Health consultation

Health care education and health consultation on lifestyle disease prevention and health promotion

- · Health care education: Classes to learn about diabetes, kidney disease and other diseases are held in each district or company.
- · Health consultation : A general health consultation and consultation for lifestyle diseases or health checkup results are offered.

### ■Holiday Medical Care

Information	For details (Section in charge)
Fukui City Holiday Emergency  Medical Care Center/Fukui  Prefectural Children's  Emergency Medical Care  Center ※I	Fukui City Holiday Emergency Medical Care Center TEL0776-22-2099 Fukui Prefectural Children's Emergency Medical Care Center TEL0776-26-8800
Fukui City Holiday Emergency  Dental Clinic	Fukui City Holiday Emergency Dental Clinic TEL0776-26-8468
Holiday on-duty doctors ※3	Fukui City Medical Association (on weekend only)  Tel0776-21-2119  Fukui City Fire Department (Fire information · information on holiday on-duty doctors)  Tel0776-25-9999

Emergency medical care for patients of internal medicine · pediatrics at night, Saturdays, Sundays, and holidays are available.

Subject	Open days	Open hours
Trade a research	Saturdays	19:00~23:00
Internal Medicine	Sundays · holidays · Dec. 30 to Jan. 3	9:00~18:00
ivieuicine	※From December to February	9:00~23:00

Subject	Open days	Open hours
Pediatrics	Monday to Saturday	19:00~23:00
redidiffics	Sundays · Holidays · Dec. 30 to Jan. 3	9:00~23:00

Address: 4-14-30 Joto, Fukui City (East of Fukui City Community Health Center)

Things to bring: · Health Insurance Card (If you don't bring it, you will have to pay all of the medical expense.)

· Recipient's certificate for other medical care program (if you have any)

 $\cdot$  Medicine you are currently taking (If you have any)

## ※ 2 Fukui City Holiday Emergency Dental Care Clinic

Emergency medical care for dental patients on Sundays and holidays are available.

Open days	Open hours
	9:00~12:00
Sundays · holidays · Aug. 14 to 16 · Dec .30 to Jan. 3	13:00~17:00
	(Reception until 16:45)

Address: 3-4-1 Daiganji, Fukui City (In Fukui Prefectural Dentists' Bldg.)

Things to bring: Health Insurance Card, (If you do not bring it, you will have to pay all the medical expenses.)

· Recipient's certificate for other medical care program (if you have any)

## 

An on-duty surgeon offers medical care for emergency patients at a private medical institution in Fukui City on Sundays and holidays.

Subject	Open days	Open hours
Surgery	Sundays · holidays · Dec. 30 to Jan.	9:00~17:00

## 7 Pension · Welfare

(Guidebook on living and working in Japan Chapter 7)

#### National Pension

Information	For details (Section in charge)
Subscription procedure and	Health Insurance and Pension Division, Fukui City
consultation	Tel 0776-20-5476
Premiums	Health Insurance and Pension Division, Fukui City
Fremuns	Tel 0776-20-5476

#### ■ Long-term Care Insurance

Information	For details (Section in charge)
Use of long-term care	Long-term Care Insurance Division, Fukui City
service	Tel0776-20-5715

#### ■ Child Welfare

Information	For details (Section in charge)
Child Allowance	Child Welfare Division, Fukui City Hall
Crilia Allowance	Tel0776-20-5412
Child Boaring Allowanes & L	Child Welfare Division, Fukui City Hall
Child Rearing Allowance ※ I	Tel0776-20-5412
Special Child Rearing	Disability Welfare Division, Fukui City Hall
Allowance	Tel0776-20-5435
Welfare Allowance for Child	Disability Welfare Division, Fukui City Hall
with Disabilities	Tel0776-20-5435

### **%** I Child Rearing Allowance

Child Rearing Allowance is provided for a mother or a father in a single-parent household, or caregivers, who are raising a child under 18 years of age (until the first March 31<sup>st</sup> after the 18<sup>th</sup> birthday of the child), or a child under 20 years of age if the child is disabled. There are income limits and other conditions to receive the allowance.

## **%** 2 Special Child Rearing Allowance

Special Child Rearing Allowance is provided for caregivers who raise and have  $\frac{1}{2}$  custody of a child who has a moderate mental or physical disability and who is less than 20 years old at home. There are income limits and other conditions to receive the allowance.

## ■ Welfare for People with Disabilities

Information	For details (Section in charge)
Administrative services for persons/children with disabilities	Disability Welfare Division, Fukui City Hall TEL0776-20-5435

## ■ Public Assistance

Information	For details (Section in charge)
Public assistance	Public Assistance Division, Fukui City Hall
	Tel0776-20-5404

## ■ Independence Support System for Needy Persons

Information	For details (Section in charge)
Independence support system for needy persons	Welfare Consultation Center "Yorisoi", Welfare Policy Division, Fukui City Hall TEL0776-20-5580

## ■ General Consultation for Welfare: If you do not know which section to contact with,

Information	For details (Section in charge)
General Consultation for Welfare	Welfare Consultation Center "Yorisoi", Welfare Policy
	Division, Fukui City Hall
	Tel0776-20-5580

## 8 Taxes

(Guidebook on living and working in Japan Chapter 8)

Information	For details (Section in charge)
Resident tax (municipal · prefectural)	Residence Tax Division, Fukui City Hall
Resident fax (municipal · prefectural)	Tel 0776-20-5306
Light vehicle tay	Residence Tax Division, Fukui City Hall
Light vehicle tax	Tel 0776-20-5306
Dranarty tay	Property Tax Division, Fukui City Hall
Property tax	Tel 0776-20-53   5
City Planning tay	Property Tax Division, Fukui City Hall
City Planning tax	TEL0776-20-5315
	Residence Tax Division, Property Tax
Tax related certificates	Division, Tax Payment Division, Fukui City
	Hall

## **%** I Tax related certificates

A certificate of tax payment, income, and property are issued.

- <Things required>
- · Seal/personal stamp
- · Fee
- · Identification (Resident/Zairyu Card or Special Permanent resident's Certificate, Driver's license, etc.)

A certificate of income/resident's taxes, light vehicle tax payment, and tax payment is also issued at the window #2 of Citizens' Affairs Division, Fukui City Hall.

## 9 Emergencies · Disasters

(Guidebook on living and working in Japan Chapter 10)

Information	For details (Section in charge)
Emergencies · Disasters	Crisis Management Division, Fukui City Hall
(Evacuation sites) ※ I	Tel.0776-20-5234

※ I Please reference the Fukui City Emergency Management Handbook, and prepare for disasters

→https://www.city.fukui.lg.jp/kurasi/bosai/bosai/handbook\_d/fil/English.pdf



(Fukui City website: Fukui City Disaster Prevention Handbook 2022)

Hazard Map (Japanese)

→https://www.city.fukui.lg.jp/kurasi/koutu/kasen/p010331.html



(Fukui City website: Fukui City Flood Hazard Map)

**Evacuation Shelters** 

→http://www.city.fukui.lg.jp/foreign/english/p004763\_d/fil/hinannjo\_en.pdf



(Fukui City website: Designated Evacuation Shelters & Emergency Evacuation sites)

Please check evacuation information from Fukui City via TV, Radio and/or Fukui City's website)

→http://www.city.fukui.lg.jp/foreign/english/p016447.html



(Fukui City website: Homepage)

## I 0 Housing

(Guidebook on living and working in Japan Chapter 11)

Informatio	n	For details (Section in charge)
Municipal housing (Public		Municipal Housing Division, Fukui City Hall
housing)	<b>%</b> I	Tel0776-20-5570

## ※ Ⅰ Municipal housing

Municipal housing is constructed and managed by the city, and targeted towards people in need of residence with a cheap rent.

People who satisfy tenant requirements can apply for the housing. When there is a vacancy, applications are accepted. The tenant is decided by application order or drawing lots.

Contact the centers below for inquiry about prefectural housing

- · NORENKAI Prefectural Housing Management Center (Northern area of Fukui City)
  Tel: 0776-43-1002
- Fukui Prefectural Housing Southern District Management Center (Southern area of Fukui City)

Tel: 0776-33-2500

## I Rules and Customs in Daily Life

(Guidebook on living and working in Japan Chapter 12)

## Rules in daily life

Information		For details (Section in charge)
Garbage	<b>ж</b> I	Shushu-Shigen Center (Resource Collection Center),
		Fukui City Tel0776-35-0052

#### ※ Ⅰ Garbage

Rules for taking out garbage

- $\boldsymbol{\cdot}$  Please sort out garbage properly. Here is a chart for how to sort out garbage.
  - →https://www.city.fukui.lg.jp/foreign/english/p004763\_d/fil/hayamieng.pdf



(Fukui City website: How to separate and dispose of your garbage)

- ·Please use specified bags when you take out burnable waste, non-burnable waste and plastic packaging containers. You can buy the specified bags at a supermarket or convenience store.
- ·Please take out the garbage by 7:00a.m. to its specified garbage station on a specified day
- ·The weight of a garbage bag should be less than 5kg.
- ·Community association's name or apartment name has to be written on the specified garbage bag.

The garbage taken out without following the above-mentioned rules will not be collected. You have to sort out the garbage again, and take it out on the next garbage collection day. Please follow the rules to take out garbage.

<To residents who live in Koshino and Shimizu area>

Rules to sort out and take out garbage are a little bit different from the above mentioned. Please contact the section in charge for the details.

### Things necessary for living in Fukui City

Information	For details (Section in charge)
Community (Residents')	Community Future Development Division, Fukui City Hall
associations ※ I	Tel.0776-20-5230
Water %2	Water and Sewage Customer Service Center, Fukui City
wulei % Z	Public Enterprise Bureau TEL0776-20-5621

### ※ I Community (Residents') associations

Community associations help local residents solve problems in the region while promoting mutual friendship and exchanges, and cooperating with each other. The main activities are as follows.

- OSports and recreational events
- OCooperation in the case of emergencies (disasters, etc.)
- OManagement of garbage stations
- *Kodomoka*i (Children's group) · *Oyako-no-tsudoi* (Parent and child gathering)
- OClean-up/ Snow removal activities in the community

Fukui City distributes <sup>「</sup>Fukui City Newsletter」 and other information via community associations. Please join the community association in your neighborhood.

#### ※ 2 Water

When you start/stop using water service, you have to contact Water and Sewage Customer Service Center 2 or 3 days before you start/stop using water.

When you receive the bill for water and sewage charge, pay the bill at a bank or convenience store. You can also use an automatic deduction from your bank account.

#### Consultation Services

Information	For details (Section in charge)	
Fukui Consultation Center for	Fukui International Association Tel0776-88-0062	
Foreign Residents	Fukul International Association   IEC / 76-88-0062	
Consultation desks at city	Public Service Promotion Division, Fukui City Hall	
Hall	Tel0776-20-5303	

#### Consultation desk at Fukui International Activities Plaza

< Fukui Consultation Center for Foreign Residents >

The Fukui International Association operates the Fukui Consultation Center for Foreign Residents. Consultation with a counselor through an interpreter (in 4 languages) is available. Also, consultation using a video calling interpretation at the counter and using a three-party speech service on the phone, both in 17 languages, are available.

→https://www.f-i-a.or.jp/ja/fia/event/?id=7911



(Fukui International Association website: Fukui Consultation Center for Foreign Residents)

 etc.

[Location] Fukui International Activities Plaza 2<sup>nd</sup> Floor

[Date] 3rd Saturday of every month

[Time] 13:00 to 16:00

< Free Consultation with an administrative scrivener for foreign residents >~~~% Reservations required.

Procedures for immigration, short stay, status of residence, permanent residence, naturalization, etc.

[Location] Fukui International Activities Plaza 2nd Floor

[Day of the week] Ist Saturday of every month

[Hours] 13:00 to 16:00

## ※ 2 Consultation desks at Fukui City Hall

<Consultation on worries/concerns and troubles in daily life>

Worries/concerns and troubles in daily life

3<sup>rd</sup> Friday of every month 13:30 to 15:30

<Consultation on concerns/troubles regarding human rights>

Concerns/troubles regarding human rights such as bullying, corporal punishment, assault, abuse, discrimination, defamation, invasion of privacy, various harassments, LGBTs, malicious online comments, etc.

2<sup>nd</sup> and 4<sup>th</sup> Wednesday of every month 13:30 to 16:00

#### <Administrative consultation>

Your ideas and complaints to Japanese government, independent administrative corporations and special public institutions.

 $I^{st}$ ,  $2^{nd}$  and  $4^{th}$  Monday of every month 10:00 to 12:30

#### <Consultation with an administrative scrivener>

Inheritance, will, guardian, construction business license, content certificate preparation (Payment request, memorandum, etc.), application for residential accommodation business, familiar troubles, employment of foreign workers, naturalization, etc.

3<sup>rd</sup> Wednesday of every month 13:00 to 16:00

(Consultation for adult guardianship/end of life planning)

Consultation/Support for those who are unable to make appropriate judgements including persons with dementia or with intellectual disability,

2<sup>nd</sup> Thursday of every month 13:00-15:00 (In general)

\*Reservations required TEL0776-27-7165

<Consultation with a Labor and Social Security Attorney>

Consultation on health insurance, national pension, employment insurance, industrial accident compensation insurance, and labor issues regarding dismissal·wage·overtime work·sexual harassment·power harassment, etc. and subsidies/grants

I<sup>st</sup> Thursday of every month 13:00 to 16:00

\*Each consultation service is offered as mentioned above; however, the schedule may be modified for some reasons. For details, please contact Public Service Promotion Division, Fukui City Hall (Tel: 0776-20-5303)

\*If you need an interpreter, please make a reservation for an interpreter (p.3) prior to your visit or bring your own.