

# Fukui City Newsletter

~May 10th No. 1460~

## Reminder to Complete the Process for Withdrawing from National Health Insurance

Those joining employer or union provided health insurance must complete the process for withdrawing from the National Health Insurance System. Those who do not complete the process for withdrawal may be billed for the National Health Insurance Tax.

**Place for Completing Paperwork:** 2<sup>nd</sup> Floor of the City Hall Main Building (Honkan), Health Insurance and Pension Division

### **What to Bring:**

- Insurance Card for the individual who is now receiving insurance from an employer. (copies permitted)
- The My Number Card of the Head of Household and the Individual who enrolled in the employer's health insurance
- Identification (Driver's License, Residence Card, etc.)
- National Health Insurance Card
- Hanko

**Information:** Health Insurance and Pension Division (0776) 20 - 5383

## Plastic waste seen from the coast of Fukui

Care to join us and learn about plastic trash while overlooking the Takanosu swimming area?

Time: 6/26 (Sun), 10a.m. – 12p.m.

Meeting Place: Takanosu swimming area parking lot

Target: Individuals who live in Fukui City or commute for school or work (children to be accompanied by a parent or guardian)

Lecturer: Hideshige Takada (Tokyo University of Agriculture and Technology)

Capacity: 40 (first come, first served)

Things to Bring: Note-taking supplies; towel; canteen; long boots

\*Please take measures personally against UV rays and heat stroke.

Reservations: Start 5/16 (Mon) via phone and e-mail

Questions: (NPO) Ecoplan Fukui - Phone: 30-0092 (9a.m. – 6p.m.); e-mail: [minna@ecoplanf.com](mailto:minna@ecoplanf.com)

## Night Time/Weekend Tax Payment Consultation

Time: May 17<sup>th</sup> (Tue)~20<sup>th</sup> (Fri) 5:15pm~8:00pm  
May 21<sup>st</sup> (Sat), 22<sup>nd</sup> (Sun), 28<sup>th</sup> (Sat), 29<sup>th</sup> (Sun) 9:00am~5:00pm

Place: City Hall Main Building 2<sup>nd</sup> Floor Tax Payment Division  
Please enter from underground entrance

## Latin American Folklore and Music of Andes

When: June 5th (Sun) 2:00pm~4:00pm

Place: Fukui City Midori Library

Elementary school students and up

Perform by a music band Los Amigos

## Fukui City Cycling Competition

May 22 (Sun) 9am~3:30pm

\*Will be postponed to 5/29 (Sun) if it rains

Reception starts at 8am

Start: Higashi Park (Toyoshima 2 chome)

Criteria: 5<sup>th</sup> graders and older

Fee: 100 yen (Includes insurance)

What to bring: Lunch, towel, Raincoat

**Don't forget!**

**Light Vehicle Tax is due on May 31<sup>st</sup> (Tue)**

# Reduced Price Cancer Screenings and Other Medical Examinations

Vouchers will be sent directly to the homes of those registered with a national or social health insurance plan. With these vouchers, it is possible to get a reduced cost exam at your nearest hospital or clinic. Otherwise, it is recommended that you go directly to one of the locations listed below to get a reduced cost medical exam. For questions or to schedule an appointment, please contact the Fukui City Health Center at (0776) 29 – 1256 as soon as possible.

Shimizu = Shimizu Health Center (清水保健センター)

市 = Fukui City Health Center (福井市保険センター)

● = Exam will be conducted on that time and date

◎ = Full checkups will be conducted

Date			Place	Time	Longevity· Hepatitis/Pros tate/Stomach Cancer Risk	Lung/ Colon	Stomach	Uterine/ Breast
M	D	D						
5	25	Wed	市	8:30 ~ 10:50	●	●	●	●
	31	Tue	市	8:30 ~ 10:50	●	●	●	●
6	9	Thu	市	8:30 ~ 10:50	●	●	●	—
				13:00 ~ 14:20	—	—	—	●
	12	Sun	Shimizu	8:30 ~ 10:50	●	●	●	●
	15	Wed	市	8:30 ~ 10:50	●◎	●	●	—
				13:00 ~ 14:20	—	—	—	●
	25	Sat	市	8:30 ~ 10:50	●	●	●	●
	27	Mon	Shimizu	8:30 ~ 10:50	●	●	●	—
13:00 ~ 14:20				—	—	—	●	
7	4	Mon	市	8:30 ~ 10:50	●	●	●	—
				13:00 ~ 14:20	—	—	—	●
	9	Sat	市	8:30 ~ 10:50	●	●	●	●
	12	Tue	市	8:30 ~ 10:50	●	●	●	—
				13:00 ~ 14:20	—	—	—	●
	16	Sat	Shimizu	8:30 ~ 10:50	●	●	●	●
	19	Tue	Shimizu	8:30 ~ 10:50	●	●	●	—
				13:00 ~ 14:20	—	—	—	●
	20	Wed	市	8:30 ~ 10:50	●	●	●	●
25	Mon	市	13:00 ~ 14:20	●	●	—	●	
28	Thu	Shimizu	8:30 ~ 10:50	●	●	●	—	
			13:00 ~ 14:20	—	—	—	●	
8	3	Wed	市	8:30 ~ 10:50	●◎	●	●	—
				13:00 ~ 14:20	—	—	—	●
	18	Thu	市	8:30 ~ 10:50	●	●	●	—
				13:00 ~ 14:20	—	—	—	●
	21	Sun	Shimizu	8:30 ~ 10:50	●	●	●	●
	23	Tue	市	8:30 ~ 10:50	●	●	●	—
				13:00 ~ 14:20	—	—	—	●
27	Sat	市	8:30 ~ 10:50	●	●	●	●	
29	Mon	Shimizu	8:30 ~ 10:50	●	●	●	—	
			13:00 ~ 14:20	—	—	—	●	

		Target	Copayment
<b>Hepatitis Screening</b> ( Blood Test )		Those over 40 who have not had a hepatitis screening	¥ 700
<b>Prostate Cancer</b> ( Blood Test )		Men over 50	¥ 700
<b>Stomach Cancer Risk Blood Test</b>		Ages 40 to 69	¥ 500
<b>Lung Cancer</b> ( Chest X-Ray )		Over 40	¥ 500
<b>Colon Cancer</b> ( Stool Test )		Over 40	¥ 500
<b>Stomach Cancer</b>	X-Ray	Over 40	¥ 1,000
	Endoscopic Exam	Ages 50 to 74	¥ 3,000
<b>Cervical Cancer Screening</b> ( Visual Exam, cytodiagnosis )		Women over 20	¥ 1,000
<b>Breast Cancer Screening</b> ( Mammogram )		Women over 40	¥ 1,000
<b>Special Exams</b> ( Physical・ Blood Pressure、 Urine Test/Blood Test、 Electrocardiogram、 Physical Examination )		Those ages 40 to 74 and are enrolled in National Health Insurance.	40 - 64 ¥ 1,300 65 - 74 ¥ 1,000
<b>Longevity Exam</b> ( Physical/Blood Pressure、 Urine Blood Test、 Electrocardiogram、 Physical Examination )		Those enrolled in the Latter-stage Elderly Healthcare System	Free
<b>Full Checkup</b> ( Physical・ Blood Pressur、 Urine・ Blood Test、 Electrocardiogram、 Physical Examination )		Those ages 19 ~ 39 who do not have the opportunity for a physical at their local	¥ 3,000

## City Hall supports new businesses using vacant stores

Vacant stores in Chuo 1 chome district are open for new businesses. Subsidy is available depending on the type of floors.

	A Course	B Course	C Course
<b>Criteria</b>	1st Floor Stores	Stores Located Underground or 2 <sup>nd</sup> Floor and Up	Building Area: over 82m <sup>2</sup> ; First Floor Stores located on Ekimae-densha-dori St.
<b>Subsidy Rate</b>	Within 1/2 of Business Start Up Expense		
<b>Limit on Subsidy</b>	¥800,000 (¥900,000 for women)	¥300,000 (¥400,000 for women)	¥500,000
<b>When</b>	3 months in advance of opening		6 months in advance of opening