

# Fukui City Newsletter

December 10<sup>th</sup> Edition

## Smile Skate at Happyrink

This year a skating rink will be set up for two months. From children to adults, anyone can enjoy skating here freely.

**When:** Fri. December 15<sup>th</sup> – Sun. February 25<sup>th</sup>

**Where:** Happiterrace (Happiring)

**Fee:**

- Elementary school students and younger – 500 yen
- Middle school/High school students – 700 yen
- Adults – 1000 yen



\*Discounts are available, such as a student discount (every Tuesday and Friday), couple discount (every Monday and Friday), etc.

**Inquiry:** 0776-30-0330

## Parent-Child Handicraft Workshop

**Make models of objects that glide. Let's fly all different kinds!**

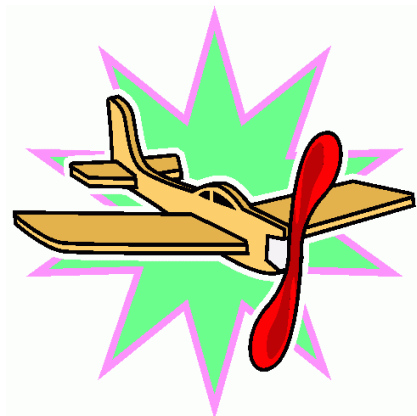
Make models that will glide in the sky, using material from pine tree, lacquer tree, etc., and learn how to properly make them glide.

**When:** Sun. January 7<sup>th</sup>, 10am – 11:30am

**Create your own fish using a balloon and wheat. Let's play!**

Transform your Craft to anything from ayu, to Japanese rice fish, to flounder, to even koi fish and learn how fish live in nature.

**When:** Sun. February 4<sup>th</sup>, 10am – 11:30pm



### General Information

**Where:** Flood Control Museum (治水記念館)

[2 chome-305 Tanaike Fukui City]

**Target:** Children ages 3 to 12 (6<sup>th</sup> grade) and his/her parent or guardian

**Number of groups:** 20 (decided in order of registration)

**Registration:** Starting Fri. December 15<sup>th</sup>, please register through phone or by email.

**Phone:** 0776-33-0278

**Email:** chisui@mx2.fctv.ne.jp

## Koshino Daffodil Festival

Make a key chain using flower pressing craft, color with oil pastels, etc.

**When:** January 13<sup>th</sup> and 14<sup>th</sup>, 10am – 3pm

**Where:** Echizensuizenosato Park

**Participation Fee:** 300\* (depending on the activity)

**Phone:** 0776-89-2381

## Good Luck Decorations for Celebrating the New Year Exhibit

Pictures, crafts, etc. designed to bring luck for the New Year will be on display.

**Where:** Fukui City History Museum

**When:** Wed. December 6<sup>th</sup> – Sun. February 4<sup>th</sup>

**Time:** 9am – 5pm \*last entry is at 4:30pm

**Closed:**

December: 18<sup>th</sup> (Mon.), 19<sup>th</sup> (Tues.), 28<sup>th</sup> (Thurs.) – 31<sup>st</sup> (Sun.)

January: 1<sup>st</sup> (Mon.) – 4<sup>th</sup> (Thurs.), 22<sup>nd</sup> (Mon.), 23<sup>rd</sup> (Tues.)

**Fee:** 210 yen

\*Free entry for middle school students and younger, seniors ages 70 and older, and the physically/mentally handicapped.

**Phone:** 0776-21-0489

## Laughing Yoga Lesson

**Learn laughing calisthenics and yoga breathing techniques.**

**When: Tues. December 19<sup>th</sup>, 10am – 11:30am**

**Where: My Dome Shimizu  
[48-2 Makuricho Fukui City]**

**Fee: 500 yen**

**Phone: 0776-98-4222**



## Phoenix Plaza Exercise Classes

### One-Day Classes

Class Name	Dates	Day	Time	# of Attendees
Hula Dance	1/15 - 3/26	月	2pm - 3pm	35
Zumba	1/9 - 3/13	火	2pm - 3pm	30
Fun Yoga			7pm - 8pm	35
Calisthenics	1/10 - 3/14	水	2pm - 3pm	35
Yoga (Balancing)	1/11 - 3/15	木	2pm - 3pm	35

Fun Aerobics	1/12 - 3/16	金	2pm - 3pm	30
Easy Aerobics	1/13 - 3/17	土	10am - 11am	30
Warm Yoga			2pm - 3pm	35

\*No classes will be held on Mon. February 12th

Fee: 350 per Class

\*Sign-ups begin an hour prior to the start time. First come, first entry.

### 3-month Course

Course Name	Dates (10 times in total)	Day	Time
Face Yoga and Soft Yoga	1/15 - 3/26	月	10am -11am 10am -11am
Simple Yoga	1/9 - 3/13	火	10am -11am
Tai Chi	1/10 - 3/14	水	10am -11am
Fun Calisthenics	1/11 - 3/15	木	10am -11am
Pilates	1/12 - 3/26	金	9:30am - 10:30am
Ballet Exercise			10:45am - 11:45am

\*No classes will be held on Mon. February 12th

Number of attendees per course: 35 (Chosen by lottery)

Fee: 3500 yen

Registration: By December 22<sup>nd</sup>, send a post card or visit the reception desk to register.

Address: Phoenix Plaza Kouzagakari

Tawara 1-13-6 Fukui City 910-0018

### General Information

Where: Phoenix Plaza – Training room

Target: High school students and adults who either live in or commute to Fukui City.

\*People who bring children cannot attend the class. Nor will they be able to use the training room during the class\*

Phone: 0776-20-5060