Emergency Preparation Check

In case disaster strikes, are you prepared? Do you know of a method to properly manage and cycle your supplies?

If you answered "no" to both of the questions above, then we have information for you.

First, Japan as a country is no stranger to natural disasters, so it is important to always be prepared in case something does happen. There are a few things to keep in mind when preparing. For example, ordering things in a "first in, first out" fashion or in other words, ordering your stock such that things that will expire earlier are cycled/used first is a very important habit to maintain.

Now, for an easy, simple 4-step plan you can try to make sure you stay prepared:

- ♦ Step 1: Buy daily supplies and food products in slight excess.
- ♦ Step 2: Store and organize all supplies.
- ♦ Step 3: Use supplies naturally.
- ♦ Step 4: Resupply before you run out completely.

You may also choose to take another approach to the whole situation, and that is completely fine. As long as you are prepared, safe, and informed, do whatever works for you.

You can also try mixing in these other methods:

- Store your supplies in a way such that used supplies are easily noticeable and replace them accordingly.
- ♦ Store and organize things by purchased date, expiration date or replacement date, simply box everything and keep inventory as you go, etc.
- ♦ Create your own system where all of your supplies are easily accessible and visible.

^{*}An example of how to write a postcard/double postcard will be shown on the last page. Both postcards and double postcards can be purchased from the post office.

^{**&}quot;Hagaki" for postcard and "Oufuku hagaki" for double postcard.

^{***}All transactions will be conducted in Japanese, but worth trying in English.

The most important thing of all is your safety, so please be safe.

If you would like to participate in training, there will be training on June 23rd (Sun.) at 8:00. There will be a siren sounding, but it will be for training.

Locations: Various elementary schools in Fukui City (not directly listed, sorry) Recommended locations: Kunimi Elementary (main location), Higashi Ago Elementary, Yutaka Elementary, Togo Elementary

Drills: Evacuation, fire extinguishing, emergency first aid, and more!

Training Structure:

- 1. The siren signals "earthquake", so immediately undergo self-protective protocol.
- 2. Take your bag of emergency supplies and head to the closest evacuation facility (designated by neighborhood council head)
- 3. Respond accordingly to neighborhood council head's roll-call and safety confirmation.
- 4. Transfer to designated evacuation area with everyone.
- 5. Perform fire extinguishing and rescue training at the evacuation area.

Did you know Japan has a disaster threat level gauge? This system has been implemented for years. It ranks the incoming disaster on a scale from 1-5.

- Level 1: Mentally prepare for natural disaster. Warnings issued.
- ➤ Level 2: Confirm and secure evacuation route. Flood/heavy downpour warnings, etc.
- ➤ Level 3: Elderly and other individuals who require time to evacuate must evacuate along with their guardian(s). Others must seriously prepare to evacuate.
- Level 4: EVERYONE evacuate. If you cannot reach the evacuation location, at least evacuate to a safer place than your living quarters.
- **Level 5:** Lives are at risk. Do everything in your power to preserve life.

Years ago, they made this level up system because the threat would not click with people immediately. By simply adding a level-up system, the message gets across much more easily.

Be safe and make sure to take care of your community in case disaster strikes.

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Outer Space in Fukui

32nd ISTS: International Symposium on Space Technology and Science

News of Space Probe Hayabusa2's progress and humanity's first pictures of a real black hole will be one of the many topics showcased at this exciting symposium.

For this reason, there will be approximately 1000 scientists from around the world coming to Fukui City next week for this year's ISTS convention.

There will be fun activities and events for those of all ages to enjoy. Come learn about the most recent developments in space technology!

Happiring

When: June 15th (Sat.) and June 16th (Sun.)

Where: Happiring

♦ Fukui Outer Space Stage

15th (Sat.)	10:00-10:40	Opening Ceremony
	11:00-11:40	Science Show
	12:00-12:30	Citizen Satellite Project Introduction
	13:00-14:00	Young Scientists Presentation
	14:15-14:45	JAXA Experience Presentation
	15:00-16:00	JAXA Space Talkshow (Topic: Hayabusa2)
	16:00~	Space Goods Lottery (10:30, 12:30 ticket distribution)
16th (Sun.)	11:00-12:00	JAXA Space Talkshow (Topic: Moon's Surface and Space Travel)
	12:00-13:00	Citizen Satellite Project Introduction
	14:00-15:30	Astronomer, Furukawa Satoshi lecture (Public Viewing)
	15:45 ~	Space Goods Lottery (12:30 ticket distribution)

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♦ Activities Corner

When: 10:00 - 17:00

Details:

Space Probe, Hayabusa Mission Simulator

> VR Moon Surface Investigation Mission

♦ Parent-and-Child-Focused Workshop

15th (Sat.)	12:00-12:30	Astronaut Training Experience
	13:30-14:00	Straw Rockets!
		Umbrella Bag Rockets!
16th (Sun.)		Straw Rockets!
	15:30-16:00	Umbrella Bag Rockets!

Capacity: 30 groups (reception begins 15 minutes before respective workshop) (Food will also be sold.)

AOSSA

♦ International Outer Space Exhibition

JAXA (Japanese Aerospace Exploration Agency) will be display astronomer uniforms in spirit of the theme, "The Moon". They will also have an exhibition for state-of-the-art technology and space products. A model of Space Probe Hayabusa 2 will also be on display.

When: June 15^{th} (Sat.) -19^{th} (Wed.), 10:00-17:00

AOSSA will open at 12:00 on the 15th (Sat.)

Where: AOSSA 1F, 5F, 8F

♦ Participating Groups from Fukui Prefecture

- ➤ Fukui Prefecture Citizen Satellite Technology Research Group
- University of Fukui, School of Engineering
- > Yamada Giken (Ltd.)
- (Ltd.) B. Inc.
- ➤ Fukui Prefecture Engineering Technology Center

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♦ Junior ISTS

High school students from Fukui Prefecture will be giving a presentation of their scientific findings regarding space.

When: June 15th (Sat.), 13:00 – 16:00

Where: AOSSA 8F, Citizen Hall

♦ Astronomer Lecture

When: June 16th (Sun.), 14:00 – 15:30

Where: AOSSA 8F, Citizen Hall

Host: Astronomer, Furukawa Satoshi

Capacity: 500

*Please confirm seat availability before the event.

The lecture will also be screened at Happiterrace.

Furukawa Satoshi: After he retired from medicine, Mr. Furukawa joined NASDA (now JAXA). In June of 2001, he became a certified astronaut and embarked on Soyuz, a Russian spacecraft. After approximately 5 and one half months, he carried out a mission on the ISS (International Space Station).

TEL: 0776-20-0538



⁵

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Make Your Own Wooden Spoon

Carve your very own original wooden spoon!

When: July 15th (Mon.) 10:00-16:00

Where: 市美術館 Shi Bijutsukan (Fukui City Art Museum)

Only For: Middle school students and up

Host: Wood carver, Suzuki Mio Participation Fee: 1500 yen

Application: Double postcard* must be received by July 5th (Fri.)

Please include personal information (name, address, phone number) on postcard.

Contact:

Postal Code: 918-8112

福井市下馬 3 丁目 1111 Fukuishi Geba 3 choume 1111 市美術館 Shi Bijutsukan (Fukui City Art Museum)

TEL: 0776-33-2990

Build It with Wooden Blocks!

Take an imaginary ride to make things such as animals or cars out of wooden blocks!

When: July 7th (Sun.), 13:30 – 15:30

Where: 市美術館 Shi Bijutsukan (Fukui City Art Museum)

Only For: Elementary school students and up (1st and 2nd year students must be

accompanied by a guardian)

Capacity: 25 (random selection)
Participation Fee: 1000 yen

Application: Double postcard* must be received by June 27th (Thu.). Please include personal information and school name with grade if applicable.

Contact:

Postal Code: 918-8112

福井市下馬 3 丁目 1111 Fukuishi Geba 3 choume 1111 市美術館 Shi Bijutsukan (Fukui City Art Museum)

TEL: 0776-33-2990

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Yokokan Garden Open for Free!

Only the garden portion of Yokokan Garden will be free entrance due to ISTS-related organized events inside the building.

When: June 18th (Tues.)

Contact: Culture Promotion Division

TEL: 0776-20-5367

Citizen AED and First Aid Session

To make sure citizens are more prepared when the time comes, we will be teaching basic first aid and how to properly use a defibrillator.

When: July 7th (Sun.) 10:00-11:30

Where: Comprehensive Volunteer Center (Happiring 4F)

Only For: Those interested in social action Details:

♦ How to properly use a defibrillator

♦ Proper revival technique

Instructor: (NPO) "Inochi no Baton" (lit. Baton of Life) rep. Kawasaki Mayumi

Capacity: 20 (first come, first serve)

Application: Reception via phone and email starts June 15th (Sat.)

Please include personal information (name, address, phone number) in email.

Contact: Comprehensive Volunteer Center

TEL: 0776-20-5107

Email: volunteer@city.fukui.lg.jp

⁷

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Aquatic Animal Observation

When: June 29th (Sat.), 9:00-11:00

*In the case of rain, the event will be rescheduled to the following day, the 30th (Sun.)

Where: 一乗谷あさくら水の駅 Ichijoudani Asakura Mizu no Eki

阿波賀中島町 Abaka Nakajimachou

Only For: Citizens of Fukui City of elementary school age and up (elementary and middle school students must be accompanied by a guardian)

Host: First-class Biotope Project Manager, Shirazawa Teruhisa

Capacity: About 20 (random selection)

Application: Postcard or email must be received by June 24th (Mon.). Please include personal information (name, address, phone number) of all participants on both methods of application.

Contact:

Postal Code: 913-8511 福井市役所 農村整備課

(Fukui City Hall, Rural Areas Development Division)

TEL: 0776-20-5440

Email: nouson@city.fukui.lg.jp

Come Learn About Shellfish!

You see these guys everywhere, especially in shallow waters and on the beach. Let's talk about these little guys.

When: June 29th (Sat.), 13:30 – 14:30

Where: 自然史博物館 Shizenshi Hakubutsukan

Only For: Elementary school students and up

Capacity: 30 (first come, first serve and on-site reception)

Contact: 自然史博物館 Museum of Natural History

TEL: 0776-35-2844

Check Out Jupiter!

We will be taking a look at Jupiter and its striped pattern!

When: June 29th (Sat.), 19:30 – 21:00

This event will be cancelled in the case of rainy or cloudy weather.

Contact: 自然史博物館 Museum of Natural History

TEL: 0776-35-2844

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Check Out a Prehistoric Organism!

Jellyfish are quite interesting creatures. Come check them out!

When: July 6th (Sat.), 10:00 – 12:30

This event will be cancelled in the case of stormy weather.

Where: Omicho shoreline

***Meeting and disband location will be the same. Also, the information itself is fairly vague regarding meeting location, so a phone call is definitely necessary for confirmation. Without car access, this event will prove extremely difficult to attend.

Only For: Elementary school 4th grade and up

Elementary school students must be accompanied by a guardian.

Host: ATOLLA, Jellyfish Specialty Store representative, Tanaka Toshiyuki

Capacity: 20 (random selection)

Participation Fee: 100 yen (text/printout fee)

Application: Double postcard must be received by June 28th (Fri.)

Contact:

Postal Code: 918-8006

福井市足羽上町 147 (Fukuishi Asuwa Kamichou) 自然史博物館 (Shizenshi Hakubutsukan)

TEL: 0776-35-2844



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Tanabata with a Chance of Clouds???

Along with the explanation of "Tanabata", we will also try to forecast the weather of this year's celebration. We will analyze data and an interview of a weather reporter from the past to predict this year's weather for Tanabata.

When: June 22nd (Sat.) – July 7th (Sun.)

Tanabata is celebrated on July 7th (7/7) every year.

Where: セーレンプラネット Se-ren Puranetto (Seiren Planet), Happiring 5F

Closed: June 25th (Tues.) and July 2nd (Tues.)

Fee: You must purchase a ticket to exhibition room(展示室

Tenjishitsu)

Contact: Seiren Planet **TEL:** 0776-43-1622



Animal Quiz Rally!

How much do you know about the animals at the Asuwayama Mini Zoo? Care to test your knowledge? All those who get every answer correct will receive an original tin

When: June 22^{nd} and 23^{rd} , 10:00 - 15:00

Where: 足羽山公園遊園地 Asuwayama Kouen Yuuenchi

Asuwayama Amusement Park

Only For: Elementary school students and up

Participation Fee: 100 yen

Capacity: 300 per day (first come, first serve and on-site reception)

Contact: Asuwayama Park Office

TEL: 0776-34-1680

Gottsuo-san Tei: Spring Festival of Gratitude

Come try our oroshi soba made from soba grown in Minamimiyacho.

When: June 16th (Sun.) 10:00 – 15:00

Where: みやま長寿そば道場 ごっつおさん亭

Miyama Chouju Sobadoujou Gottsuosan Tei

Foods: Oroshi soba, special walnut miso soba dango (first 50 customers), butajiru (pork

soup), yakitori, and more!

Contact: Gottsuo-san Tei

TEL: 0776-90-1144

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10

Annual Fukui Melon Festival

When: June 22nd (Sat.) and 23rd (Sun.), 10:00 – 16:00

Where: Happiterrace

Activities:

✓ Taste test 3 different Fukui-grown melons

✓ Melon bread and other melon-flavored goods for sale!

✓ Photo shoot and games with Asakura Yumemaru-kun and Melon-Kuma

✓ Live music performances by special guests and live talkshows!

Contact: Machitsukuri Fukui (Ltd.)

TEL: 0776-30-0330

Gas Cooking Studio Cooking Classroom

♦ Traditional Cooking Classroom

When: July 10th (Wed.), 10:30 – 12:30



Dishes: Mackerel and leek boiled in vinegar, whole-boiled onion, vegetable-dressed soy beans

Host: Fukui City Healthier Eating Habits Promotion

Department

Capacity: 15 (random selection)

Participation Fee: 500 yen

Application Deadline: July 1st (Mon.)

→ Torobi-chan Cooking Classroom

When: July 19th (Fri.), 10:00 – 12:30

Dishes: Tomato and ground pork mapo dish, summer vegetables and chicken marinate, cucumber and enoki mushroom in spicy sauce, lettuce and tomato Chinese-style soup

Host: Noji Farm representative, Noji Naomi

Capacity: 15 (random selection)

Participation Fee: 1000 yen

Deadline: July 10th (Wed.)



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♦ Working Adults Cooking Classroom

When: July 25th (Thurs.), 18:30 – 20:30

Dishes: Tomato bruschetta, gazpacho, clam pasta,

roast pork sauté, cocoa blanc-manger

Host: Tega Minako

Capacity: 15 (random selection)

Participation Fee: 500 yen Deadline: July 16th (Tues.)



Where: Gas Cooking Studio (Kigyoukyoku Chousha 1F)

Things to Bring: Apron, hairnet/option to cover hair, hand towel

Application: All must be completed by respective deadlines via either phone or email. If sent by email, please include personal information and a phone number at which you can be reached the day of the event.

Only those selected will be contacted the day of the event.

Contact: Gas and Water Customer Service Division

TEL: 0776-20-5632

Email: gwokyakusama@city.fukui.lg.jp

Summer Exhibit: The Majesty of Birds and Their Feathers

Today, we set our eyes on one of nature's true masterpieces: the functionality and evolution of bird feathers.

We will have the pick of the litter of Wild Bird Society of Japan member, Suzukawa Fumio's tremendous collection of bird feathers and set up an exhibition. On top of that, we will be introducing the evolution and functionality of these feathers and the environment that caused certain evolutions, comparing diagrams of wild birds, and analyzing the conditions that eventually resulted in the feathers we recognize today.

When: July 13th (Sat.) – Sep. 29th (Sun.), 9:00-17:15

Final admission at 16:45

Closed: Mondays (open on national holidays, but closed the next day)

During the "Obon" period, the museum will be open on August 13th (Tues.)

Entrance Fee: 100 yen (middle school students and under and those with physical or mental disabilities are granted free admission.)

Contact: Museum of Natural History

TEL: 0776-35-2844

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Special Exhibition: Dinosaurs and Space

When: July 13th (Sat.) ~ Sep. 8th (Sun.)

Where: Seiren Planet

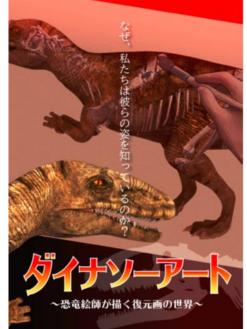
The connection between astronomy and paleontology is quite simple: whatever made the dinosaurs go extinct changed the earth forever. We will discuss the anatomy of

dinosaurs, what caused and the changes in In the dome theater, we program, *Dinosaur Art*: the Dinosaurs.

When: 10:00 - 18:30 before holidays open Tickets cannot minutes prior to closing 18:05, you may not For more information, schedule, please check Closed: Tuesdays,

the month

Open on holidays, but following day



them to become extinct, Earth's atmosphere. will debut our new The Recreated World of

(Fri. Sat. and days until 21:00) after 30 purchased (i.e. on Monday at purchase a ticket) such screening as online.

will be closed the

second Wednesday of

Ticket Prices:

Regular and Special exhibition:

Adults: 400 yen College and high school students: 300 yen

(Middle school age and under and those of age 70 and up are granted free admittance.) Dome Theater:

Adults: 600 yen ➤ College and high school students: 500 yen Middle school students and under: 300 yen

(Children under the age of 3 are granted free admission)

Inquiries | Homepage: セーレンプラネット (Seiren Planet)

TEL: 0776-43-1622

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This is only a reference. This is to show you how it would be written if you were to send a postcard to the Fukui City Art Museum.

〒918-8112 福井市下馬 3 丁目 1111 市美術館

In the case of a double postcard, you will write your address on the other card (as a return address).

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