

Food Poisoning Prevention Tips

The warmer the weather gets, the more suitable the environment becomes for bacteria to multiply. Fukui City would like to take this time to tell its citizens a few basic methods to help prevent food poisoning. Be aware of possible food hazards and learn 3 fundamental ideas behind the prevention of food poisoning.

1. Wash the Bacteria Away

There are plenty of bacteria on your hands. This is why it is important to make sure you thoroughly wash your hands **especially before cooking and after you use the bathroom.** **Washing your hands twice is an effective option.**

Make sure you separate all of your cooking utensils after usage when you are preparing raw meats (i.e. tongs, plates, chopsticks, etc.). An example of when this knowledge could be useful would be at a BBQ party or hot pot.

2. Minimize Bacteria Multiplication

In regards to perishable foods and other prepared foods that need to be stored, **do NOT leave the food at room temperature for an extended period of time. Store the food in the refrigerator as soon as possible.** The Danger Zone for most foods should be about 41-140 degrees Fahrenheit (roughly 5°C-65°C). The Danger Zone indicates the temperature range at which bacteria will multiply.

Keep in mind that bacteria will still multiply despite storing it in the refrigerator, so eating the food as soon as possible is ideal. Refrigerators are supposed to be kept under 5°C (41 Fahrenheit) so the food stays out of the Danger Zone. If the stored food cannot reach the target temperature within 2 hours, the food should not be consumed, and it should be discarded.

3. Kill the Bacteria

Simply heating food for one minute at 75°C (approximately 170 degrees Fahrenheit) will kill off the harmful bacteria.

Use hot water to make sure you kill harmful bacteria off of both the knife used to cut your raw meats as well as the cutting board. Kitchen-friendly, Chlorine-based bleaching agents are very effective in sanitization as well.

Dinosaur Plaza Astronomical Observation

Come take a look at the moon and stars!

When: August 13th (Tues.), 20:00 – 21:00

Event will be cancelled in the case of rainy or cloudy weather

Where: JR Fukui Station, West Gate, Dinosaur Plaza

Contact: Seiren Planet

Fireworks Season

The following places will also be launching fireworks alongside the Phoenix Fireworks (part of the opening ceremony to the Phoenix Festival at Asuwa River). All locations are free admission. ALCOHOL PROHIBITED AT ALL LOCATIONS

When: August 2nd (Fri.)

✧ Museum of Natural History

Visitors will be allowed to eat on Hakusan Terrace.

Time: 18:30 – 21:00

*The postpone date is August 5th (Mon.).

Contact: Fukui City Museum of Natural History

TEL: 0776-35-2844

✧ Osagoe Minkaen, Folk Village Museum

Time: 18:30 – 20:30

Things to Bring: Disposable flashlight, beverages

*The postpone date is August 5th (Mon.).

Due to very limited parking, please use public parking spaces.

Contact: Cultural Properties Protection Division

TEL: 0776-35-1015

✧ Tachibana Akemi Literature Museum

Time: 18:30 – 20:30

*If the Phoenix Fireworks are to be postponed, these fireworks will be cancelled completely.

Contact: Tachibana Akemi Literature Museum

TEL: 0776-35-1110

JETS Show!

Follow the story of the JETS, Fukui Commercial High School's cheerleader club, as they act out how the JETS of the past carved their path to world championships! The story will be told through dance with a chance to dance with JETS at the end of the show.

When: July 31st (Wed.)

Starting times: 13:00, 15:30, 19:00

*Queue ticket distribution starts one hour before the event and seating begins half an hour before the event.

Where: Happiring Hall (Happiring 3F)

Capacity: 200 (first come, first serve)

Contact: NIGIWAI Cultural Exchange Facility

TEL: 0776-20-2901

A History of Fukui's Citizens

Learn the history of Fukui's citizens from storytellers who deeply care about Fukui.

✧ The Gardens of Ichijodani Asakura Clan Ruins

When: August 17th (Sat.), 10:00 – 11:30

Host: Aoyama Mikio

✧ Our Hometown's *Shakudani-Ishi* : Fukui's History from Ancient Times to the Warring Kingdoms

When: August 24th (Sat.) 10:00 – 11:30

Host: Takamura Akio

✧ General Information

Where: Atagozaka Tea Ceremony Museum

Capacity: 30 (first come, first serve)

Application: Phone and email reception begins August 1st (Thu.).

Contact: Rekishi Nomi Eru Machi Tsukuri Association

TEL: 0776-35-0855

Email: info@fukui-rekimachi.jp

Paint Yokokan Garden!

Paint Yokokan Garden with water colors! In the case of rain, we will be indoors with pencil and paper instead.

When: September 1st (Sun.), 13:30 – 16:30

Where: Yokokan Garden

Only For: Those who live or work in Fukui City

Hosts: Ohara Ben and others

Capacity: 15 (first come, first serve)

Participation Fee: 100 yen (insurance and supply cost included)

Application: Yokokan Garden reception window and phone reception begin August 1st.

Contact: Culture Promotion Division

TEL: 0776-20-5367

Free Consultation: August 2019

Contents	Available	Time	Location and Phone
Human Rights Concerns	Aug. 28 (Wed.)	13:30 – 16:00	市民サービス推進課 Public Service Promotion Division TEL: 0776-20-5544 Soudan (Consultation)
General Concerns	Aug. 2 (Fri.) Aug. 16 (Fri.)	13:30 – 15:30 (30 m/per)	
Administrative Scrivener	Aug. 21 (Wed.)	13:00 – 16:00	
Pension, Employment, Company Insurance	Aug. 1 (Thu.)	13:00 – 16:00	
Administration	Aug. 19 (Mon.) Aug. 26 (Mon.)	10:00 – 12:30	市民サービス推進課 Public Service Promotion Division TEL: 0776-20-5544
	Aug. 9 (Fri.)	10:00 – 12:00	美山公民館 Miyama Community Center TEL: 0776-90-7111
	Aug. 13 (Tues.)	10:00 – 12:30	越廼公民館 Koshino Community Center TEL: 0776-89-2182
Life as a Consumer	Any weekday Excluding holidays	8:30 – 17:00	消費者センター Consumer's Center (Phoenix Plaza 1F) TEL: 0776-20-5588
Work, Employment	Any weekday Excluding holidays	9:00 – 17:00 (reservation required)	しごと支援課 Job Support Division (AOSSA 5F) TEL: 0776-20-5321
Management (Financing)	Weekdays excluding Wed. and excluding holidays	8:30 – 16:30 (reservation required)	商工振興課 Commerce and Industry Promotion Division TEL: 0776-20-5325
Marriage	Aug. 7 (Wed.) Aug. 21 (Wed.) Aug. 28 (Wed.)	13:30 – 15:30	(Wed.) 市役所別館4階 Fukui City Hall, Annex 4F Meeting Room 14C
	Aug. 18 (Sun.)	13:30 – 15:30 (reservation required)	(Mon.) AOSSA Meeting Room 503 TEL: 0776-20-5696

Free Consultation: August 2019 (Continued)

Contents		Available	Time	Location and Phone
For Youth	Young Telephone	Any weekday Excluding holidays	8:30 – 17:00 Until 21:00 on Mondays	少年愛護センター Juvenile Protection Center TEL: 0120-57-4970 相談専用 yanteresoudan @city.fukui.lg.jp
	Email	24/7 (All day, every day)	Response may take a few days	
Education (child is unable to adapt to school environment)		Any weekday Excluding holidays	9:00 – 16:00	チャレンジ教室 (高木北2丁目) Transition School (Takaki 2 chome) TEL: 0776-20-1255
Smile Dial (Infants)		Any weekday Excluding holidays	8:30 – 17:00	子育て支援課 Child-Rearing Support Division TEL: 0776-20-5223
Child-Rearing Mama Dial		Every day Excluding Tuesdays	9:00 – 20:00	男女共同参画・子ども家庭セ ンター Gender Equality and Child Support Center TEL: 0776-20-5775 相談専用
Children		Every day Excluding Tuesdays	9:00 – 18:00	男女共同参画・子ども家庭セ ンター Gender Equality and Child Support Center (AOSSA 5F) *NOT same as above* TEL: 0776-20-1541 相談専用
		Lawyer Consultation Aug. 5 (Mon.)	13:00 – 15:30 (reservation required)	
		Child Doctor Consultation Aug. 8 (Thur.)	13:30 – 15:30 (reservation required)	
Single Parent or Women		Any weekday Excluding holidays	8:30 – 17:15	ひとり親家就業・ 自立支援センター Single Parent Employment and Independence Support Center (Inside the Child Welfare Division) TEL: 0776-20-5140
Language Development		Aug. 3 (Sat.) Aug. 17 (Sat.)	9:00 – 12:00 (reservation required)	ことばの教室 Children's Speech Clinic (Phoenix Plaza 2F Disability Welfare Division TEL: 0776-20-5435
Mental Well-Being		Psychiatrist Consultation Aug. 1 (Thur.) Aug. 15 (Thur.)	14:00 – 17:00 (reservation required)	市保健所 保険支援室 Health and Welfare Center – Public Health Administration Division (西木田2丁目) Nishi Kida 2 chome TEL: 0776-33-5185