

Events Cancelled! Restrictions May Apply!

All events on public newsletters (including this one), public bulletins, and flyers are subject to cancellation or indefinite delay. Public facilities may also implement restrictions on its visitors/customers during this time. If you would like additional information about the current situation, please refer to the following QR code.

*The information will be in Japanese.

Important information and notices will be posted on the FCA Facebook page.



COVID-19 Information

In order to both keep its citizens well-informed and to fight against the misinformation being spread, Fukui City would like to ask its citizens to keep calm and act rationally during this time.

*The following is posted given all information until Tuesday, March 31, 2020. If you would like the most recent information, please use the QR code above and access Fukui City's homepage. Please be aware that the information will be in Japanese.

Personal-Level Prevention

How does COVID-19 spread?

- ① It is spread through water droplets of the infected. An example of this would be the fine mist that comes out when someone sneezes.
- ② It is also spread through contact infection, both direct and indirect. This means direct contact with an infected individual or interaction with an object an infected individual has come in contact with may result in infection, especially if you touch a mucus membrane (eyes, nose, mouth, etc. or simple, face in general) afterwards without at least properly washing your hands.

*At this time, COVID-19 does **NOT** seem to be an airborne illness.

Can I get infected from a carrier who does not exhibit symptoms?

There is a possibility, but it is thought to be relatively low at this time. Under normal circumstances, viruses that cause illnesses such as pneumonia have a certain timeframe in which infection rate will naturally increase. As a result, the number of transmissions should also, statistically, increase.

However, not much is known about COVID-19, so everyone should exercise safety precautions.

What are some safety precautions I should take?

- ① Exercise proper hand-washing technique with soap. Hand sanitizer is not the best method, but it is better than no protection at all
- ② Properly applying masks and practicing proper coughing etiquette
- ③ Elderly and those with preexisting conditions should avoid public transportation and overall crowded spaces at all times

Please keep these three points in mind

I have cold-like symptoms. I am worried. What should I do?

If you happen to have a fever or cold-like symptoms, do not go to school, take off of work, avoid going outside, and please do not participate in any events. In addition to this, please take your temperature and monitor it every day.

If any of the following apply, please see a consultant

- You are experiencing cold-like symptoms, and you have a fever of over 37.5C (98.6F) for 4 days or longer (for the elderly, those with preexisting conditions, or pregnant mothers should see a consultant after 2 days instead)
- You must continuously take fever medicine
- You feel heavily fatigued or it becomes difficult to breathe

福井市保健所 保健予防室 (Fukui shi hokenjo Hoken yobou shitsu)

Fukui City Insurance Office, Prevention Section

TEL: 0776-33-5184

Request from the Mayor

In order to prevent the spread of the virus, on top of exercising proper hand-washing technique and practicing proper coughing etiquette, please avoid the “Three Cs”:

- (1) **C**losed spaces with poor ventilation
- (2) **C**rowded places with many people nearby.
- (3) **C**lose-contact settings such as close-range conversations.

For those organizing events, please reconsider holding your event no matter the scale/estimated audience. If you absolutely must hold your event, please at least reevaluate your ventilation system and make any necessary adjustments.