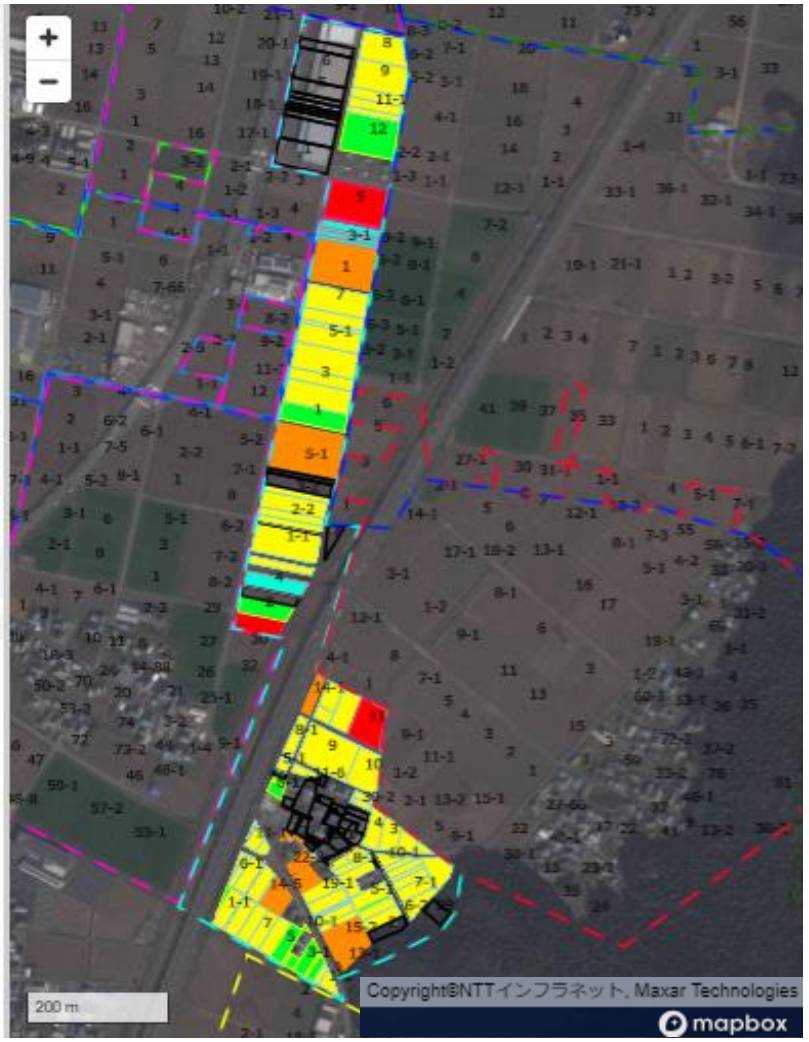三本木